

McKinney Independent School District

Dear Parent or Guardian,

According to Texas state regulations, McKinney ISD is required to provide Abstinence based curriculum addressing the Texas Essential Knowledge and Skills for Health. There are objectives for each grade level. As part of the required objectives, there is a specific section on abstinence education. In choosing the most educationally sound materials for the Growth and Development portion, MISD is guided by the School Health Advisory Council (SHAC) and the School Board. Only approved materials will be used for this instruction.

6th Grade Health Lessons

- Decisions STOP-THINK-ACT
• Friendships, Relationships, Peer Pressure
• Abstinence
• Learning to Say NO-Specifically the Effects of Alcohol on Decisions
• Identifying the Risks-Common STD's
• Avoiding Unhealthy Relationships-Abuse (Sexual, Emotional, Physical)

7th Grade Health Lessons

- Sex: Everybody's Talking About It- Consequences
• The Risks Of STD's and HIV/AIDS
• Teen Pregnancy, Responsibility, Failure Rates of Contraception
• Pressures To Be Sexually Active-Peer, Media Pressure, Hormones, Alcohol
• Choosing Abstinence and Goal Setting
• Set It! The Need for Boundaries-Love vs. Infatuation, Dating
• Learning How to Say NO
• The Need to Be Assertive-How to be Assertive about Your Beliefs and Values.

Curriculum preview night for all middle schools will be held on Monday, November 18, 2013 from 6:00 p.m. until 8:00 p.m. at Central Office located at #1 Duvall St. McKinney TX 75069.

Because of the sensitivity of the issue, parents may opt out their student from this portion of health instruction. Students that are opting out of this portion of the health instruction will be given appropriate health areas to complete for a grade. Your signature below affirms that you are accepting responsibility for teaching this material and that you will not hold the district responsible for missed curriculum.

Sincerely,

[Handwritten signature of Karin Klemm]

Karin Klemm
#1 Duvall St.
McKinney, Texas 75069
McKinney ISD PE/Health Coordinator
469-302-4000

PLEASE RETURN THE FORM BELOW to YOUR CAMPUS IF YOU WISH to HAVE YOUR CHILD NOT PARTICIPATE.

I \_\_\_\_\_, parent or guardian of \_\_\_\_\_
Parent Name Student Name

release McKinney ISD from responsibility of providing Human Growth & Development Curriculum (Abstinence) as specified in the Texas Essential Knowledge and Skills.

Signature \_\_\_\_\_ Date \_\_\_\_\_
Phone \_\_\_\_\_

School Staff Only: Date Stamped returned to school \_\_\_\_\_