



KEEPING UP WITH THE TINES

NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAM REQUIREMENTS:



Baked, never fried



Assorted fruits and vegetables offered daily



Whole grain



Lean meats



Low/No fat dairy products

COMBO MEAL PRICING

Full Paid Breakfast : \$1.20
Reduced Breakfast: \$0.30
Entrée ONLY 75¢

Full Paid Lunch : \$2.90
Reduced Lunch: \$0.40
Entrée ONLY \$2.25

DEPOSIT FUNDS

Set up low balance notifications and make pre-payments

www.myschoolbucks.com



SEEKING MORE INFORMATION

Check out

www.McKinney.Schooldish.com

For expanded menus & Nutrition information.



APPLY FOR FREE AND REDUCED MEALS

Every year you must re-apply for free & reduced benefits:

<http://www.mckinneyisd.schoollunchapp.com/>

WHAT MAKES A COMBO MEAL

Minimum Required

Entrée +

At least one of the following:

Fruit
Vegetable
4 oz Fruit Juice

= COMBO MEAL



A **COMBO MEAL** consist of an **entrée** and at least one **fruit, vegetable, or 4oz fruit juice**. Milk is included in the **COMBO MEAL** but it is optional. All **COMBO MEALS** are eligible for free and reduced meal plans. If a fruit, vegetable, or 4oz juice is not taken with the entrée, the students will be charged a la carte for each item.

BREAKFAST COMBOS must have 3 components one must be a FRUIT

THE OPTIONS ARE PLENTIFUL

The choice is yours at breakfast and lunchtime. There are no mystery meals here.

And the **daily** options are endless – check them out!

- **Grill** including burgers, spicy and regular chicken patty sandwiches and popcorn chicken
- **Monthly MTO Specials** Look for special days with made to order nachos, Asian favorites, and pasta.
- **Pizza** daily we offer a rotating specialty pizza and cheese pizza
- **Deli** every day we offer fresh made sandwiches and salads
- **Daily specials** feature student favorites and scratch cooking for home style goodness

LOOKING FOR A SNACK

In middle school you will also have additional choices of a la carte selections that include:

- 100% Juices
- Bottled water
- Cookies (Whole Grain)
- Chips (Baked)
- Gummies (Fruit Chews)
- Rice Krispies
- ...and many others!