

McKinney ISD Middle School Athletics
Frequently Asked Questions

1. ***What sports are offered and when are their seasons?***

All MISD middle schools offer Cross Country, Football, Volleyball, Basketball, Track, and Tennis.

Cross Country- (Fall Semester) August-October

Football- (Fall Semester) August-October

Volleyball- (Fall Semester) August-October

Basketball- (Fall and Spring Semester) October-February

Track- (Spring Semester) February-April

Tennis- (Spring Semester) February-April

2. ***Does my child have to be in the Athletic Period in order to participate in a sport?***

Yes. A student must be in the athletic period in order to compete in any sport. Students now have the option of two electives so there should be no problems.

3. ***How many sports can one athlete participate in per year?***

An athlete can participate in as many school sports as they can handle. If it is a sport that coincides with another sport, then both head coaches will work out a schedule so the athlete can participate in both, if possible.

4. ***Will my student athlete have to try out for a team, or will she automatically be on a team if she is in Athletics?***

Football – No cuts

Volleyball—3 Teams with a max of 32 players. There will be cuts depending on the number trying out.

Cross Country— will be limited to top 25 athletes in each division. Each week there will also be a run off for either the top 10 or 15 athletes in each division to compete at the meets.

Basketball—3 Teams with a max of 32 players. There will be cuts depending on the number trying out.

Track—No cuts, but the athletes will have to qualify for spots to compete each week.

Tennis – There will be a total of 26 spots available for the 7th/8th boys/girls, combined.

(13 total from each gender with any combination of 7th and 8th graders)

5. ***If my son / daughter does not make a team, then what are they doing during the period?***

Athletes who are not involved in a sport will participate in our Performance Course program during the class period. The Performance Course is designed to increase speed, quickness, agility, and strength regardless of the athlete's sport of interests. **Student athletes must participate in at least one sport per year. Trying out for a sport does not constitute participation**

6. ***What are the practice times / days for my athlete?***

7th grade Athletics will be first period everyday from 8:45-9:30. Eighth grade Athletics will be last period everyday from 3:00 pm-3: 45 pm. All sports will hold their practices before school with the exception of 8th grade basketball, which will be after school. Morning practices will start at 6:45 or 7:15 am. Monthly workout calendars listing all practice and game times will be given to the athletes.

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Football-	6:45-9:00 am
Volleyball-	6:45-9:00 am
Cross Country-	7:15-9:00 am
7 th Basketball-	6:45-9:00 am
Track -	3:00-5:15 pm
Tennis-	7:15- 9:00 am
8 th Basketball-	3:00-5:10 pm

7. Who provides transportation for my child if they have before/after school practices?

Parents are responsible for making arrangements to transport their child. Coaches will make every effort to have your child out of practice on time; therefore, it will be greatly appreciated if you would be on time picking them up. We encourage you to carpool with each other.

8. What nights are the games?

Primarily:	Football	*Mondays or Tuesdays
	Volleyball	Thursdays
	Cross Country	Thursday/Saturdays
	7 th Basketball	*Mondays
	8 th Basketball	Thursdays
	Tennis	Tuesdays
	Track	Thursdays/Fridays

- **Football** – The MISD Preview (scrimmage) is on a Wednesday
- **7th Basketball** - If the Monday falls after a holiday or is a holiday, then the game will be played on a Tuesday

9. Are there any tournaments on weekends for any of the sports?

Yes. Both volleyball and basketball will have tournaments on the weekends. Check the schedule for specific dates.

10. Does my student athlete have to ride to and from the games on the bus?

All athletes will ride to the games on the team bus. Transportation after the game, back to the school, will only be provided for out of town events.

11. Can an athlete participate in a school sport and an outside league sport at the same time?

Yes. However, if there is a conflict in the schedules (practices or games), then the school sport is the first priority. If any athlete misses a practice / game for an outside league practice / game then the athlete will be suspended for the next athletic event.

12. Can my daughter be a cheerleader/drill team and be in athletics?

Yes. Every effort to alleviate conflicts between workout times will be made by the coaches and sponsors.

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13. *Is it necessary for my athlete to attend camps or play in a summer league in order to be part of a team?*

No. However, as the numbers increase and the competition increases, it would be good for your athlete to have some of the necessary skill for the sport in which he/she is wanting to compete. Attending camps or playing in a summer league may give them the head start they need to make the team. It is NOT a requirement just as it is NOT a guarantee that he will make the cut. If anything, I would strongly recommend the summer performance course at the high school. The Performance Course is a unique program designed to progressively improve athletic ability. It is not sports specific.

McKinney camp information is available on the MISD website. Go to www.mckinneyisd.net, click on MISD Athletics. This will take you to the MISD Athletic page. Click on Summer Camp Info or Performance Course (located on the top right hand side of the page) and you will see a list of all camps available this summer with contact numbers.

14. *Who pays for the uniforms? Are there any hidden costs?*

The school will provide game uniforms and sweats for the athletes. Parents are responsible for providing appropriate shoes, T-shirts, and shorts. Each athlete is required to purchase an athletic uniform, which consists of a t-shirt and mesh shorts. These can be ordered through the Booster Club. Equipment such as balls, helmets, shoulder pads, spikes, etc. are all provided by the school; however, in tennis, it will be necessary for your athlete to own a racquet in order to try out and compete.

15. *Can my son wear their own helmet or shoulder pads for practices and games?*

MISD does a great job in purchasing the best shoulder pads and helmets for our young men. Any helmet, other than what MISD issues, must be approved by the MISD athletic department prior to its use.

16. *Are lockers provided in the athletic dressing rooms for my athlete to store their equipment?*

Yes. A personal combination is provided for each locker. Due to athletic numbers, athletes may have to share lockers.

17. *What is expected of me as a parent?*

We hope that you will take an active role as a Booster Club participant and be involved in watching your child compete at his/her games. The most important thing that we expect from you is to encourage your athlete, the team, and be supportive of the coaching staff. HONOR THE GAME

18. *What paper work is required of my son / daughter?*

Each year, every athlete must have a physical on file dated **after April 1st**. Also, you must electronically sign all documents on Rank One pertaining to the athletic program. If an athlete does not have their physical or the documents signed, then they are not allowed to be in the athletic program, get a locker, workout or compete in contests. Physical forms are available from the coaches.

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19. What happens if my son / daughter does not have a physical the first week of school?

Athletes are not allowed to dress out or participate in any practice until all paper work has been completed and on file. Therefore, they could easily miss the opportunity to try out for a sport. Students will also be removed from the athletic program.

20. How does my child earn a grade in athletics?

Athletes are graded upon their hard work ethic (participation) and for dressing out in the proper workout attire. Athletes will earn a possible 20 points a day for a total of a 100 per week.

21. What if my son / daughter is sick?

IF an athlete is going to miss a practice and / or game they are required to contact their coach PRIOR to missing. This can be done through a phone call or an email. Any in season athlete missing practice will be required to do some type of make-up practice before they are allowed to participate in a game. A parent note asking for their son / daughter to be excused because of illness / injury is good for **3 DAYS ONLY**. After 3 days, a doctor's note will be required or the athlete's absence will be unexcused.

22. What happens if my son / daughter has to use or carry an inhaler?

This should be noted on the physical when we receive it. Also, the athlete / parent should communicate this information with their child's coach. We will work with the parents to decide the best way to ensure the inhaler is available to their child at all times during the athletic period or athletic event.

23. Who are the coaches for each of the sports?

Aaron McNeil , Boy's Athletic Coordinator
Jennifer Frazier, Girls Athletic Coordinator:
Athletic Coaches:
Ronny Swank
Rachelle Leonard
Dana Kuneman
Shelly Cooper
Amanda DeLaGarza
Russell Lewis
Austin Kincaid
Anthony Torress
Taylor Hansen
Derrick Jeter
Justin Barton